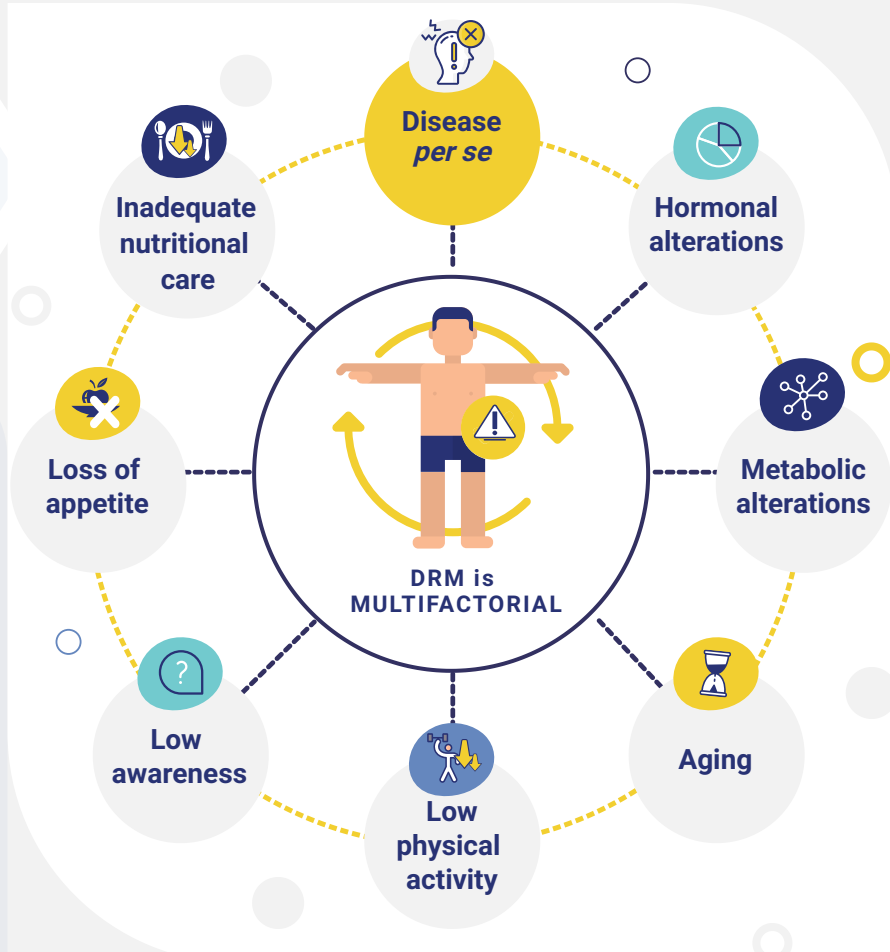


DISEASE RELATED MALNUTRITION (DRM)

A neglected threat for every patient, nutritional care matters.

WHAT IS DRM?

A condition from the **lack of intake or utilization of nutrients** during any disease state, resulting in **weight loss, loss of skeletal muscle, physical and mental dysfunctions, and worse clinical outcome**



PREVALENCE OF HOSPITAL DRM

up to **24%** of the patients at hospital admission are found at risk for malnutrition.¹

37% in older than 70 years^{1,2}

35% in oncology¹

29% in cardiac diseases¹

28% in respiratory diseases¹

27% in gastroenterology²

27% in internal medicine²

9,6% of patients with good nutritional status on admission **get malnourished during hospitalization**¹

CONSEQUENCES OF DRM



Cederholm T, et al. Clin Nutr. 2017 Feb;36(1):49-64. doi: 10.1016/j.clnu.2016.09.004.

¹ Álvarez-Hernández J, et al. Nutr Hosp. 2012 Jul-Aug;27(4):1049-59. doi: 10.3305/nh.2012.27.4.5986.

² Kruijenga H, Am J Clin Nutr. 2016 Apr;103(4):1026-32. doi: 10.3945/ajcn.115.126615.